

Sacred Spirithood

October 2025

Newsletter #10



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Announcements

by Toadstool Witchery

Updates

Sacred Spirithood is pleased to announce our brand new discord server! Reddit decided to remove its chat channels so we moved to discord. So far we have over 50 members in our discord server! Thank you all for joining me upon this new discord journey.

Our discord server is up and running but it still has a long way to go. I still need to install bots and improve on our permissions. I find our new live circles are more personal and exciting. I appreciate your help and feedback, don't hesitate to share your opinions about our server.

Member of the Month: Comfortably_Numb786

Congratulations to Comfortably_Numb786 for being voted Member of the Month for October! We appreciate you at Sacred Spirithood and all of the contributions you've made for our community. You have made space to spend time with us and we enjoy your company. Thank you for giving us the opportunity to get to know you better through your interview.

1. What are your favorite spiritual subjects?

My current favourite is Astrology. Stop blaming yourself for your failures. Learn Astrology and blame the planets!

2. How would you describe your spiritual practice?

I have gradually evolved from being an atheist to agnostic to religious to spiritual. I believe that there are many ways to reach spirituality, all legitimate and that there is no single way or religion. The various religions and practices are like rivers that lead to Spirituality which is like an ocean.

3. Why did you begin your spiritual journey?

My soul has always searched and has this thirst to find its creator or higher power. This has led to my curiosity to check out different religions and new age spiritual practices.

4. Where are you along your spiritual journey?

I would say that the more you learn, the more you learn that you have a lot left to learn. I'm still a novice.

5. What sort of spirits do you work with in your practice?

Since I'm a Roman Catholic by birth, I am familiar with the Holy Spirit which is the third person on the Trinity. I just talk to the holy spirit like I would to a friend and ask for help, direction, counsel for my day to day activities and it's all about developing a relationship.

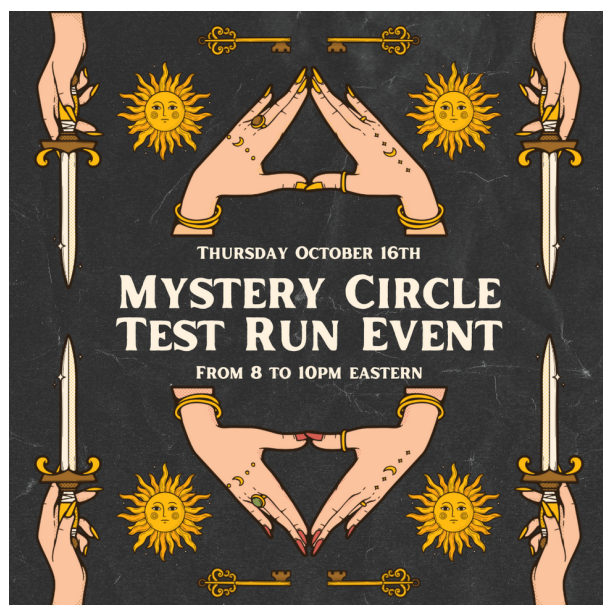
6. What has been your experience with Sacred Spirithood?

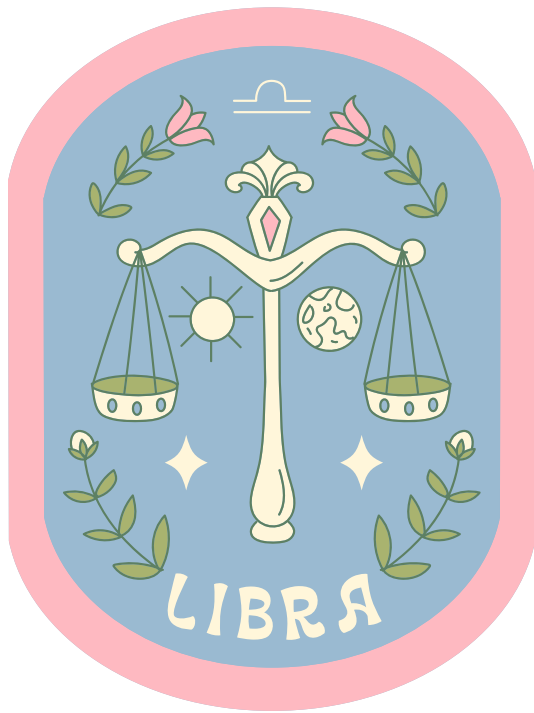
This is the most calm, well behaved, organised, harmonious and welcoming group I have come across which is very structured and interactive, purpose driven and educational.

7. Is there anything you'd like to tell our community?

I would like the group members who are now in thousands to be more active and make the group lively throughout all time

October Circles





Libra Ritual with Archangel Jophiel

by Amazingbeaut

Libra Facts

- Season Dates: September 23 – October 22
- Planetary Ruler: Venus
- Astrological House: Seventh House
- Element: Air
- Modality: Cardinal
- Polarity: Yang Masculine
- Symbol: The Scales
- Tarot Card: Justice and Swords Suit
- Spirit Guides: Archangel Jophiel (Beauty & Receptivity), Hathor (Love & Pleasure), Ma'at (Balance & Harmony), Anubis (Fairness & Justice)

Libra Ritual

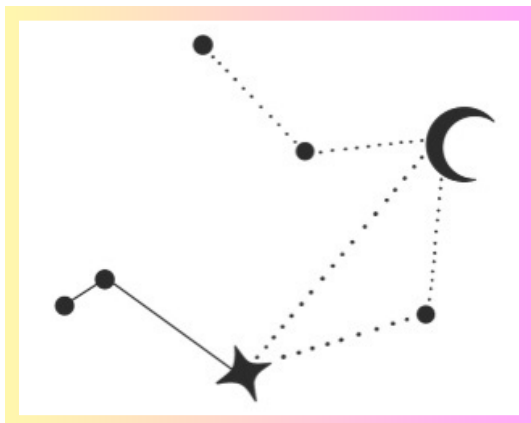
Best Timing for Spell

Friday which is ruled by Venus

Or during a Full or New Moon in Libra

Ritual Ingredients

1. 1 White candle (for purity and angelic clarity)
2. 1 pink or rose candle (for love, Libra's Venus rulership)
3. Rose quartz (heart healing and gentle emotional balance)
4. Lapis lazuli or sodalite (Libra's mental clarity and air element)
5. Fresh rose petals or a single pink rose
6. Lavender or rose essential oil
7. A feather (symbol of Libra's air element and angelic presence)
8. Libra zodiac symbol or printout
9. Small mirror (for beauty and reflection work)
10. A bowl of water (representing emotional balance)



— 1) Cleanse & Prepare Your Space

1. Anoint your white and pink candles with rose or lavender oil.
2. Arrange the crystals, rose petals, feather, bowl of water, and mirror around the candles in a balanced circle or altar pattern.
3. Light incense if you like (frankincense, rose, or sandalwood pair beautifully).

— 2) Center Yourself & Call in Jophiel

Sit comfortably in front of the setup. Place your hands over your heart and breathe deeply.

Say aloud or mentally:

“Archangel Jophiel, I call you into this space. Surround me in golden light and help me see with the eyes of divine beauty. Bring balance and harmony to all I touch.”

— 3) Light the Candles

Light the white candle first for divine clarity. Then light the pink candle for Venus love and inner peace.

— 4) Gaze Into the Mirror & Affirm

Hold the mirror and say:

“I am beauty. I am balance. I speak peace. I radiate fairness.”

Say it three times while envisioning yourself surrounded by golden light.

Dip Your Fingers in the Water:

Touch your third eye and then your heart with the water and say:

“May my mind and heart remain aligned in truth and love.”

You may also use this water to anoint your throat, for balanced communication.

— 5) Reflect with the Feather

Hold the feather and gently move it across your aura from head to toe, visualizing it brushing away disharmony or judgment and say:

“As air clears the sky, so shall my spirit be lifted.”

— 6) Partition

Place it under rose quartz. Leave it there overnight with the candle wax remnants (or bury later under a tree).

— 7) Close the Ritual

Thank Archangel Jophiel aloud.

Extinguish the candles and close your eyes, visualizing a soft pink and gold light wrapping around your aura.



From Samhain to Halloween

by Toadstool Witchery

Over 2000 years ago, Halloween began as an ancient Celtic festival called Samhain. Samhain celebrates the halfway point between the autumn equinox and winter solstice. It starts the beginning of the Pagan's Wheel of the Year, which is why it is also known as the Witches' New Year. During the 7th to 9th century as Christianity spread through Celtic land, the Church established All Saints' Day on November 1st and All Souls' Day on November 2nd to replace the pagan beliefs of Samhain. These two holidays also merged together to create Día de los Muertos or the Day of the Dead. The night before was called All Hallows Eve on October 31st which was eventually shortened to Halloween.

In the Middle Ages of Europe, people would dress in costumes and disguises such as ghosts, angels, or devils and go from door to door performing songs or playing tricks on people for food or coins. This medieval practice is called "guising" and resembles modern day trick or treating. Modern trick or treating as a child centered and community activity started becoming popular in the 1920s to 1950s. In ancient Celtic tradition, it is common to leave food offerings out on your doorstep for wandering souls to eat during Samhain. This practice is also reminiscent of leaving a bowl of candy out for trick or treaters.

Carving guards is a Celtic tradition where early lanterns were made out of turnips. It is believed that spirits are able to wander the earth on Samhain so Celtic people would

carve scary faces in Turnips to ward off evil spirits and guide good spirits home. The term Jack O' Lantern arose through the Irish legend of Stingy Jack who outsmarted the Devil several times. When he died, Heaven rejected him for his misdeeds and Hell rejected him for tricking the Devil so he was condemned to walk Earth as a ghost and did so while carrying burning coal inside of a carved turnip. He became known as Jack O' Lantern. It wasn't until the Irish and Sottish moved to America that they recognized that pumpkins were larger and easier to carve than turnips did pumpkins begin to replace turnips.

Samhain marks the day when the veil between the spirit realm and physical realm is at its thinnest. You may feel more sensitive to the spirits surrounding you as this is a powerful time for spirit communication through divination, channeling, and mediumship. Celebrate the cycle of life and death by building an ancestral altar to remember deceased loved ones. Burn a candle as a guiding light for your ancestors. Use symbols of your family lineage and ancestral heritage to represent your bloodline. Add items you've collected in nature and seasonal decor to your altar. Design an ancestral keepsake book filled with photos, stories, letters, prayers, and other nostalgic mementos. Hold a veneration meal where you cook a special meal for your ancestors to energetically eat.

Honoring Indigenous Peoples' Day

By Toadstool Witchery

The discovery of America is a colonial myth where it's common to think of Christopher Columbus as discovering America but the truth is that America was already nations of Indigenous peoples. American land wasn't discovered, the land was stolen from the First Nations of people.

In western expansion, as white settlers began making their way out west to secure more American land, 50 million to 100 million Indigenous peoples' were killed in genocide, their culture stripped, and their history erased. Then in history books, it was considered Indigenous peoples' as "Savages" to dehumanize them and justify the violence they experienced.

The Trail of Tears was a brutal March where thousands of people from Indigenous Nations died as they were forced to move away from their homelands to live in reservations. In modern times, many Indigenous People consider themselves a third world country where they are treated with less resources, government support, and more poor living conditions.

Colonizers wanted to completely erase Indigenous cultures to the extent that it was terrifying when colonizers would steal Indigenous children and babies from their parents and put them in boarding schools whose purpose was solely to whitewash Indigenous students. Indigenous civilization is a rich culture with beliefs in Spirit Animals, Shamanism, and the Medicine Wheel.



The Witches Cauldron

By TheHermitTheMoon

Collective Tarot Reading

Card 1: What energy, pattern, belief, or phase is coming to a natural end?

Two of Daggers Reversed (Swords).

The collective moves out of a phase of confusion, denial, and what was a tight grip on fear and anxiety. For some, this may have been catapulted by the exposure of an uncomfortable truth. Whether this outcome was forced, or with intent, we can release ourselves from these conflicts and welcome clarity, unabridged truth, and confidence.

Card 2: What is being revealed that was previously unseen?

King of Daggers (Swords)

What was concealed is now emerging through objective truth. What is true comes to light, regardless of comfort. The collective will be shown where logic was previously distorted by way of discernment and intellectual integrity, instead of being emotionally driven. Much like the season we will soon enter, our thought processes are cold, sharp, and clarifying. Revelations may be seen in structures within current society (social, technological, and ethical).



Card 3: What is currently taking root that will grow to shape the next chapter?

Five of Jugs Reversed (Cups).

This is Water energy (Scorpio) and suggests that the incoming phase gives way to emotional healing and reclamation. The collective starts to reengage with what currently remains and subsequently becomes a source of new alignment. The caveat is that this is heavily dependent on the integration of the shadow. Encouraged to grow from an authentic place.

Overall Messages: The veil thins externally and internally. Wisdom is gained to navigate the liminal without the overtaking of fear. Honest engagement allows for a more resilient system to form. Honor the death that takes place in order for your personal growth to take place.



Deck: Desert Illuminations Tarot by Lindsey D. Williams.

Reflection Prompts

1. What inner conflict has reached its threshold?
2. What grief or loss have I not fully integrated?

3. What remains from that experience that can nourish the next phase of my inner life?
4. What illusions or outdated beliefs am I ready to bury with this year's symbolic harvest?
5. Where can I apply discernment rather than reaction?
6. What situations are coming to an end in my life?
7. What energy am I choosing to release?
8. What karmic rewards am I reaping?
9. How is my energy shifting with the seasons?
10. Which ancestors do I feel most connected to?

Resource Review

Desert Illuminations Tarot Deck (first edition) by Lindsay D. Williams transcends its reader into the beautiful, mystical landscape of the American Southwest. Embodying the familiar archetype of tarot, we take the fool's journey through the cosmos. Her illustrations capture the intricately woven aesthetic of indigenous and cowboy culture and lore. A culture in which Lindsay is no stranger to as a New Mexico resident.

Historians, spiritualists, and those with a flair for psychedelic poster art will appreciate how the smooth, rounded, turquoise edge accentuates such wildly vivid imagery. Celestial beings, the Red Wolf, Billy the Kid, Sitting Bull, and Geronimo are a few of the notable faces paired together with powerful elemental symbolism and astrology. Your journey to self-reflection and healing is now steeped in the beautiful mosaic of the land of enchantment.

Hatch chiles, anyone?

This 78-card deck comes equipped with a 118-page codex, highlighting the author's inspiration, intentions, and connections for each card. She has even included a 10-card cactus spread and desert prayer to help guide your divinatory practice.

Choosing a divination method can be equal parts, exciting and overwhelming. You may receive a plethora of advice, but aside from receiving the occasional gift, the choice is ultimately yours to make. Your specific interests or simply what calls to you spiritually can be your most authentic guide. However, if a desert motif and magick speak to your soul.

